

**A Lessons For Life Book**

**Keith Hammond**

**SEEDS**

**OR**



**WEEDS**

**WHICH ARE YOU PLANTING?**

# Introduction

A "watch your tongue" book based on Galatians 6:7-9 showing how we reap what we sow. If we sow seeds of love, joy, peace, happiness, kindness, gentleness, humility, etc. we will reap a divine harvest. However, sowing seeds such as lying, stealing, cheating, anger, fornication, etc., we will only reap a destructive harvest. Also details how to sow for God, not for satan by just changing our speech. **Seeds Or Weeds Which Are You Planting** challenges every Christian to truly dig deep to answer this question for themselves.



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**CHAPTER ONE**  
**SOWING AND REAPING**



## SCRIPTURE

Galatians 6:7-10 says, (7)“Do not be deceived: God cannot be mocked. A man reaps what he **sows**. (8)The one who sows to please his **sinful** nature, from that nature will **reap destruction**; the one who sows to please the Spirit, from the Spirit will reap eternal life. (9)Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. (10)Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers.”

### What is “Sowing”

**Sowing is what we say, and what we do.** If we sow seeds of goodness by what we say, it will reap a benefit in our lives and the lives of others. The same is true if we sow seeds of bad words or bad actions. It will be destructive to our lives and to those who we affect.

Have you ever heard the saying “what goes around, comes around” ?

Or, “what we put into something, is what we get out of it” ?

Or, “once a word leaves your mouth you can’t get it back”?

The Bible is the authority on the Golden Rule. It says “Do Unto Others As You Would Have Them Do Unto You.” That means if you want people to do good things to you, it starts with you doing something good for someone else. If you do good things you can expect good things to happen to you. But if you do bad things you can expect bad things to happen to you.

The same is true for these other analogies. What you put out, will most likely come back to you; that’s how what goes around comes around. And, the book of Proverbs is constantly talking about lazy people receiving nothing, but a man who works diligently, will benefit from that work. That’s how we get something out of what we put in. So, in our lives, we should make a conscious effort to sow good seed by saying and doing good things.

**SOW SINFUL...REAP DESTRUCTION | SOW SPIRITUAL...REAP ETERNAL.**

That’s clear to me and it should be to anyone who reads it.

## Why Do We Have To Sow Anything Anyway?

Everything we do sows either to good, or to evil. We sow either to God, or to satan. We sow either to life, or to death. We do it naturally.

When someone plants a garden, they work hard at it to plant the right seeds. Then they work even harder to get rid of the weeds that will keep the garden from growing. On the other hand, if the gardener never tends to the seeds, weeds would quickly overtake it.

Picture the earth is one big garden, full of trees, plants, grass, water and paths. What's not supposed to be here? Weeds. Weeds often disguise themselves as pretty flowers. Gardens can't grow if weeds are allowed to rise up and choke the branches. Way back in the Garden of Eden, because of the disobedience of Adam and Eve, God had to plant a stronger vine (Jesus) that would produce other branches (churches) to help stop satan and his demons (weeds) from choking all the other plants (Christians) in the garden (the world).

When we live by our sinful nature, we get drunk, smoke dope, sell drugs, steal, lie, cheat, backstab, hurt people, fornicate, and many other sinful things. Mark 4:19 says "the worries of this life, the deceitfulness of wealth and the desires for other things, (all weeds) come in and choke the Word, making it unfruitful."

How do we help rid the garden of the weeds that aren't supposed to be here? By planting seeds of love, joy, peace, happiness, kindness, gentleness, forgiveness, humility, and many other seeds that are actual characteristics of Jesus Christ. The more good seeds we plant, the more we become like Christ. The more good seeds we plant, the more people become Christians. The more good seeds we plant, the healthier the garden gets. For more information on planting good seeds read my book:

[Church on Sunday, Nothing On Monday](#)  
[Transform Your Schedule, Transform Your Life](#)

We could talk about sowing in good soil, but that's for another chapter...

**OK. We plant seeds, and we weed the garden, but is that all?**

The answer is no.

- Planting seeds is only the start of the garden.
- Getting rid of all the weeds is only the maintenance of the garden.

There is the process called “harvesting” that happens when the seeds are ready. Weeds are there to try and do everything they can to keep the seeds from being ready for harvest. Planting the right seeds produces the right harvest.

Jesus explained harvesting in several places. In Matthew 25:14-27 the parable of the talents, Jesus had given several men talents. But to this man, He gave one talent. Instead of making the talent fruitful and multiplying it, like the two other men, he buried the talent, hid it and never used it. When Jesus returned to harvest it, came and explained to Jesus what he had done. Jesus called him a wicked, lazy servant, and took the talent he had and gave it to the man who had fivefold increase of his five talents.

In another parable Jesus explained that we should let the wheat (seeds) and tare (weeds) grow together and He would separate them when we comes back.

Remember, Mark 4:19 says, making it ‘unfruitful’. Romans 7:4-5 tells us that Jesus was raised from the dead so we would bear fruit for God and stop producing fruit for death. John 15:16 says Jesus chose us, we did not choose Him. But He chose us and appointed us to go and bear fruit--fruit that will last. In order to bear fruit for God we must first learn what bearing fruit means. Bearing fruit means producing followers of Christ by offering them the free gift of salvation. Plain and simple.

In my book, Bearing Fruit, the cover shows a tree with branches. Each person we lead to salvation in Christ adds a piece of fruit to the branches on the tree. John 15:1-2 says that Jesus is the true vine, and His Father is the gardener. God cuts off every branch in Jesus that bears no fruit, while every branch that does bear fruit God prunes (weeds the garden by tearing down satan’s strongholds) so that it will be more fruitful.

**LET'S REVIEW WHAT WE LEARNED IN CHAPTER ONE:**

1. A man \_\_\_\_\_ what he \_\_\_\_\_.
2. The man who sows to please his \_\_\_\_\_ will reap \_\_\_\_\_.
3. The man who sows to please the \_\_\_\_\_ from that \_\_\_\_\_ will reap \_\_\_\_\_.
4. Sowing is \_\_\_\_\_ and \_\_\_\_\_.
5. Sow \_\_\_\_\_ reap destruction.
6. Sow \_\_\_\_\_ reap eternal.
7. Everything we do sows either to \_\_\_\_\_ or \_\_\_\_\_.  
We do it naturally.
8. The more good seeds we plant, the more we become \_\_\_\_\_.
9. The more good seeds we plant, the more people become \_\_\_\_\_.
10. The more good seeds we plant, the \_\_\_\_\_ the garden gets.

**MEMORY MESSAGE**

Planting seeds is like putting money in your spiritual bank. The more you put in, the more will be available to you to share and give to others.

## CHAPTER TWO

# HOW TO SOW SEEDS IN YOUR HOME





Brother Keith Hammond

ABOUT THE AUTHOR:

Brother Keith is a born again Christian. He is a Spirit-led man of God, teacher and author. His life has been transformed from things such as pride and prison to passion and purpose.

God is the author of the Bible. It is meant to be our instruction manual, our roadmap home. Without it, we are lost. Use the information in these books to help you and others.

God destroys the darkness behind us, to direct us toward our destiny ahead. So whatever you do on your journey, never turn back. God bless you in your walk with Christ. Amen.

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