

A LESSONS FOR LIFE BOOK
KEITH HAMMOND



Light
SHINES IN DARKNESS

Light Shines In Darkness is a dynamic, stronghold exposing handbook that teaches us how by using spirit and truth, we can not only expose demonic forces in our lives, but totally eliminate them.

Based on Genesis 1:1-6, this marvelous book is a must read for any and everyone trying to break generational curses, and free themselves from the bondage of dark places in their lives in order to reveal the awesome power of God's true light.

The Bible tells us that the truth is what sets us free but we often fail to respond to the scripture by asking “free from what”. Through the cleansing, unveiling power of the truth, we can be set free from the darkness that plagues our lives when we not only tell lies, but live them as if they’re the truth. A reminder that God’s light can always penetrate darkness with the truth.

Introduction



Table OF Contents

CHAPTER ONE

THE TRUTH
vs. A LIE 07

THE TRUTH
is a MICROSCOPE 08

THE TRUTH
and THE SPIRIT 09

THE TRUTH
in the BATTLE 10

THE TRUTH
as GATEKEEPER 11

THE TRUTH
as THE LIGHT 12

THE TRUTH
about SALVATION 13

THE TRUTH
about FAMILY SECRETS 14

THE TRUTH
about YOUR AGE 15

THE TRUTH
about ABORTED KIDS 16

THE TRUTH
about ADOPTED KIDS 17

THE TRUTH
about HURT & HEALING 18

THE TRUTH
is not ELASTIC 19

THE TRUTH
about DISHONORING GOD 20

THE TRUTH
about DISOWNING JESUS 21

Table of Contents

CHAPTER TWO

LYING
to GOD 23

LYING
to YOURSELF 24

LYING
to OTHERS 25

LYING
for OTHERS 26

LYING
about OTHERS 27

LYING
through OTHERS 28

LYING
with OTHERS 29

LYING
by OMISSION 30

LYING
by COMISSION 31

LYING
by PATHOLOGY 32

LYING
by MYTHOLOGY 33

THE FORM
of TRUTH 34

THE FORM
of LYING 35

THE DELIVERANCE
of TRUTH 36

THE DESTRUCTION
of LYING 37

Table **Contents** OF

CHAPTER THREE

GOD is right
 SATAN is wrong 39

SALVATION is right
 SIN is wrong 40

HEAVEN is right
 HELL is wrong 41

ETERNITY is right
 EARTHLY is wrong 42

LIGHT is right
 DARKNESS is wrong 43

FAITH is right
 FEAR is wrong 44

PRACTICING is right
 PRETENDING is wrong 45

WORSHIP is right
 WRECKLESS is wrong 46

WORK is right
 WORRY is wrong 47

TRUTH is right
 LYING is wrong 48

DELIVERANCE is right
 DESTRUCTION is wrong 49

EPILOGUE and CONCLUSION

TELLING THE TRUTH 50

CREATING A LIE 53

JUSTIFICATION
 OF TRUTH 56

PUNISHMENT
 FOR LYING 59

And Much More...

On Chapter 1

the Truth about
Truth

THE TRUTH vs. A LIE

The truth is a beacon of light to a lie. It exposes every darkness of a lie, every facet of a lie, every level of a lie.

The truth is designed to keep Christians from being polluted by the world. The world as we know it, is comfortable living, portraying, telling, and promoting lies.

From Hollywood to Hell, a lie will always be a lie. If you tell it, someone else will smell it.
--Brother Keith

Are you afraid to correct someone by telling the truth when you know they are lying to another person or to you? Are you afraid of hurting their feelings? If our answer is yes or even sometimes, you are ignoring the power that truth has in your life, and in theirs.

God did not give us the spirit of "fear", but of power, love, and self-control Proverbs 29:25 says that "fear of man will prove to be a snare, but he who trusts in the Lord will be kept safe." And, anyone who knows a lie is a lie, and participates in that lie, regardless of how significant or insignificant, is no better off than the person who originally told the lie.

People come to me all the time concerned that someone has lied to them and therefore broken their trust. I tell them that it is more important to take away satan's hold over that person in that situation, and thus help to set them free, than to be quiet about it and do nothing.

The truth has no basis in a baseless society. Lying is what keeps it afloat. Once you tell the truth, lying will sink like an unholy boat.

Let your yes mean yes. And your no mean no. And you will never have to worry about telling a lie, and whether someone else will know. This truth eliminates the need to ever have to look over your shoulder.

As Christians, our job, our responsibility, our purpose, is to be in the world but not of the world. We are not to conform to the ways or the patterns of the world, and we are not to allow darkness to overtake or to snuff out the light of Christ within us, at any time, in any situation, for any reason.

Jesus said, He who denies me, I will deny him before my father in Heaven.

No lie can ever come from the truth. No truth can ever come from a lie. These two cannot dwell together. The truth is the truth. And a lie is a lie. In John 8 Jesus tells the Pharisees that Satan is the father of lies, that there is no truth in him, and that lying is satan's native language.

Our growth as Christians depends on us walking in spirit and truth, living our lives by the spirit, always telling the truth, correcting others when we see it happen, telling others when we know it is happening, and being mindful of the fact that although telling the truth may seem to make a situation worse, Jesus said, the truth shall set us free.

THE TRUTH is A MICROSCOPE

Jesus used the truth to expose any and every demon that had set itself up as a host inside the people he met on His journey. In each situation, the demons knew who Jesus was, and the power that He held over them. Jesus made them "identify" themselves by name, and they were exposed and could hide no more.

Put your demons under a Jesus microscope and expose them through the truth of confession.

What are some of the strongholds in your life that you haven't been able to get past? Are there demons such as lying, addiction to drugs and alcohol, pornography, controlling your life and want deliverance?

The way to expose demons and make them run somewhere else, is to start with the truth of confession. The more you expose them the faster they will run and try to hide somewhere else.

The Bible says in Ephesians 5:11 to have nothing to do with the fruitless deeds of darkness but rather expose them. Make every effort to confess whatever unexposed sin you may have in your life; go to your pastor or other church leaders and even to the person or people you may have harmed, but do it now.

Demons do not want to be exposed. They don't even want other people to know they've even established a stronghold inside of you because they realize there are some Christians who can see through the person by looking with their spiritual eyes, see the demonic presence, and work toward casting the demon out of you.

Try it. It works. You don't have to be afraid. God did not give us the spirit of fear. He gave us power to tread over serpents and scorpions. And, He showed us how to take control of our lives in spirit and truth.

When anyone uses a microscope, it exposes what can't be seen by the natural eye. It magnifies whatever is there so it can be seen. Just putting it under a microscope doesn't get it. A very bright light has to be shined on it as well. Otherwise, it can still hide. Ephesians 5:8 says, for you were once in darkness, but now you are light in the Lord. Live as children of the light, for the fruit of the light exists in all goodness, righteousness and truth) and find out what pleases the Lord.

To put your darkness, unexposed sin, unconfessed sin, and demonic strongholds in your life, tell the truth about them. Confess them. Expose them. This shines the light of Christ on them, and they can no longer hide and because they can no longer hide, they can no longer have any power over you. Halleluia! Be free! Free yourself from any and every and all claims and strongholds made by satan against you and your life, and your family's lives and start right now at this very moment to walk away from darkness and live as a child of the light. Don't allow satan to keep any dark place in your life. Expose it!

The truth is like a microscope. Once you tell it, a light shines on it, and whatever hidden, can no longer hide.

THE TRUTH and THE SPIRIT

For Christians to live in spirit and truth means having the Fruit of the Spirit as our core values and the truth as the belt that holds God's armor in place in our lives. Because without living by the spirit, we live by our flesh, which is described in brief detail on this page. And without living in the truth, we live speaking the lies of satan described as his native language as an angel who lost his home in Heaven because he wanted to dethrone God.

We live in a society that has lying, stealing, cheating, deception, and killing, at the core of its values. It was founded by stealing lands from natives, claiming they discovered it. Then they forcibly took other humans from their homeland, enslaved them, made it illegal to do common things such as read a book, made separatism a law of the land, and publicly lynched black people for sport.

Politicians, lawyers, and product advertisers, are some atop the list for being this society's proven liars. However, another group is emerging to make their mark on society by stealing millions and even billions of dollars from people under the guise of corporate investment and concealing raids on company vaults by those who hold the keys.

Let's mention a little about the fact that 95% of the TV shows promote lust and fornication, drugs and alcohol, revenge, murder to solve problems, same sex marriage and every unGodly behavior imaginable.

With these conditions as the foundation for any society, and its government being the leader in most, if not all of it, and with the media irresponsibly disseminating information using negative images about certain groups of people as a way to degrade or dehumanize them in order to make one group seem superior, being born and raised as part of this society makes always telling the truth nearly impossible.

The Bible says God is seeking people to worship Him in Spirit and in Truth. Worshiping in spirit and truth is difficult but not impossible. Living this way becomes easier as Christians mature, but often very challenging for those who have only recently given their lives to Christ. The demonic and temptation driven nature of this society is exactly the reason the Bible addresses why as Christians must do everything we can to:

- not conform to this world
- keep oneself unspotted from the world
- be in the world but not of the world

There are numerous other scriptures that warn Christians how dangerous it is to live like the people in this society lives. Where survival of the fittest seems to be par for the course, and anything that is Christian is unwelcome in any way shape or form. I'll remind you that it is this society that has voted to remove prayer from public schools, any references to God from the court system, and is now voting to make same sex marriage a law, which goes against the very spirit and truth of Christian beliefs. What Christians have as our hope is that one day, all the people, places, and things that live this way will be burned in the hellfire it has degraded itself into, all while trying to demoralize those who refuse to be a part of this darkness.

THE TRUTH in THE BATTLE

The battle against light and darkness requires Christians to expose any darkness that comes into our paths with the light of the truth of Jesus Christ. It is the only way as Christians that we can continue to stay ahead of our evil opponent and have any hope to win the battle. As Christians, we are in a battle to live as spiritual beings in a physical and dark world. However, the war, a much, much larger conflict, is for our souls.

Since the diobedience in the Garden of Eden, people have tried to learn how to live as spiritual beings in a physical world. The problem is that the being that caused the disruption of our spiritual lives in the Garden of Eden, had already been banished to a life of hell in hell, and now wants to make our lives as destructive and dead-end as his.

His fate has already been sealed. Revelation 20:10 makes it plain. Satan and all the angels who conformed to his wickedness were evicted from their divine homes in Heaven. Banished to Earth, they now do any and everything they can to destroy any chance of people being restored to our original state of being, living in eternity, and enjoying what they so easily walked away from.

The battle is here on Earth. It involves Christians and demons who need a host body in order to exist. The demons are former angels so we can't physically see them, but their characteristics because of their now wicked ways, are evident, as outlined in Galatians 5. Needing a host body is one of their weaknesses. Why? Because they won't live in a body that is spiritually connected to Christ and working to expose and destroy any trace of the wickedness within it.

The war is in Heaven. That's where it started and according to Revelation, that's where it will end.

When Jesus returns to gather all the people who have followed His teachings, kept His commands, worshiped His Father, ministered to His people, and showed themselves worthy of being His disciple, the opponent we are fighting in the war will be exposed. Not just exposed, but unveiled so that the physical eyes of everyone in the world can see him. It will put to rest any doubt in people's minds about Jesus being Lord, and also start the final phase of the process to restore people back to our natural state as spiritual beings.

The truth is our strongest weapon in the battle. Our flesh is weak by nature. And it is the flesh that can be used by satan to cause us to fall into temptations that we otherwise wouldn't. Our spirit, which is God's Spirit living in us, is what we must draw on to defeat God's enemy. God cannot lie. There is no darkness in Him. So as followers of His, we must never lie. If we lie, we must destroy it, by eventually telling the truth. Otherwise, it can become a stronghold that can take root and be used against us in the battle. In the section of the Bible called God's Armor (Ephesians 6:10-18) the truth is identified as the belt of the armor. Without the belt of truth, the Gospel of Jesus Christ, which is identified as being the armor's shoes, is covered up because a lie has unbuckled the belt of truth, causing the pants to fall down and cover the feet.

THE TRUTH as GATEKEEPER

Jesus said He is the way, the truth, and the life. No man comes to the Father except through Him. Jesus is the gatekeeper and holds the key for our entry into eternal life. He said enter through the narrow gate. For wide is the gate that leads to destruction, and many enter through it. But small is the gate and narrow the road that leads to life, and only a few find it. As Christians, we must understand how to get in the gate.

In the parable about the Shepherd and His flock (John 10:1-16) Jesus says, "I tell you the truth, the man who does not enter the sheep pen by the gate, but climbs in by some other way is a thief and a robber. The man who enters by the gate is the shepherd of his sheep. The watchman opens the gate for him, and the sheep listen to his voice. He calls his own sheep by name and leads them out. When he has brought out all his own, he goes on ahead of them, and his sheep follow him because they know his voice. But they will never follow a stranger; in fact, they will run away from him because they do not recognize a stranger's voice."

Jesus continued by saying, "I am the gate for the sheep. All who ever came before me were thieves and robbers, but the sheep did not listen to them. I am the gate; whoever enters through me will be saved and will come in and go out; and find pasture. The thief comes in only to steal and kill and destroy; I have come that they may have life, and have it more abundantly."

I am the good shepherd. I know my sheep and my sheep know me. Just as the Father knows me and I know the Father, and I lay down my life for the sheep. I have other sheep that are not of this sheep pen. I must bring them also. They too will listen to my voice, and there shall be one flock and one shepherd."

If you've never had the opportunity to see a shepherd with a flock of sheep, I strongly suggest you visit YouTube's website, and type in Sheep and Shepherd. Looking at the videos, you'll most likely find and be able to see how sheep listen to the commands of the shepherd, but when anyone else tries to give them commands, they don't move. I watched a PBS special once, where a shepherd trained some kids how to herd sheep. The kids were learning it, but without the shepherd leading the sheep in line, the sheep would wander off into unprotected areas.

As Christians, we are no different. We are sheep in need of a shepherd. As members of a church, our pastor is the shepherd. He leads us into the paths of righteousness for Jesus's name's sake. And, as long as we live on this Earth, we are constantly going through the valley of the shadow of death, but with the shepherd guiding us, we fear no evil, for the shepherd's rod and staff are a comfort to us. Why? Because we know that he uses it as a tool to protect us from any evil attempting to steal us from the shepherd; kill us if we wander away or when the shepherd isn't watching; destroy our flock by coming in and speaking things to us that make us begin to separate ourselves from the shepherd and rest of the flock.

THE TRUTH about SALVATION

Our salvation is not a visible object. It is not something we see yet, but it is something that we are sure of. We are sure of it because Jesus promised that He would return to take us with Him to Heaven to live for eternity. That is the hope of salvation that we have and that we live by each and every single day. Without this hope, we are part of the lost and dying world that will perish because they refuse to see the truth about salvation.

Salvation is found in Jesus. Acts 4:12 says, "There is no other Name under Heaven, given to men, by which we must be saved." Romans 1:16 says, "I am not ashamed of the Gospel because it is the power of God for the salvation of everyone who believes." This is the truth that lights the way to the salvation available to all who believe. Salvation is a free gift. In order to accept and receive the gift, we must confess with our mouth that Jesus is Lord and believe in our heart that God raised Him from the dead. (Romans 8:28) Without salvation, there is no hope of ever returning to our original state as the sinless, eternal beings we were created to be. Sacrifice wasn't sufficient. It took salvation.

We have salvation over sin and sickness. Even though it is a free gift, we must work to keep it. John 10:10 says "Satan comes to steal, kill and destroy." Steal, kill and destroy what? Our salvation. Satan cannot be saved. He has already been judged for his sins against God. He has already been sentenced and in God's time, satan will serve his time. It is our responsibility to work at keeping our salvation away from satan. Jesus is the author and finisher of our faith. Our faith is that we have salvation in Christ Jesus. We express our faith in worship (church) and put our faith into action by doing the work (ministry). James 2:26 says Faith without works is dead. The work we must do to keep our salvation is identified in Matthew 25:35-36 and James 1:27. Read it.

Philippians 2:12 says we are to, "work out our salvation with fear and trembling." If we don't work to keep our salvation, satan will surely steal this gift away from us. We should fear and tremble at the very thought of what will happen to us if we allow that to happen. The work is easy. Feed the hungry, clothe the naked, visit the sick, minister to prisoners, take care of widows and orphans. These verses will help along the way: Philippians 2:14-16 "Do everything (the work) without complaining or arguing so that you can become pure children of God without fault in a crooked and depraved generation, in which (in darkness) you shine like the stars in the universe as you hold out the word of life in order that I may boast on the day of Christ that I did not run or labor for nothing."

Hebrews 6:6 "It is impossible for those who have once been enlightened, who have tasted the heavenly gift, who have shared in the Holy Spirit, who have tasted the goodness of the word of God and the powers of the coming age, if they fall away, to be brought back to repentance because of their loss that are crucifying the Son of God all over again and subjecting Him to public disgrace."

Galatians 6:9 "Don't get weary from doing good, for in time we will reap a harvest if we don't give up."

THE TRUTH about FAMILY SECRETS

Family secrets lead to generational curses. It's just that simple. There's no plainer or clearer or cleaner way to put it. When you make the decision to keep secrets from other members of your family, they lead to lies, untold truths, and generations of lies that keep you and your family in bondage. These are generational curses and breaking them is not as difficult as people think. Just confess the sin, tell the truth, expose the secret, then trust God.

Generational curses keep people in bondage for years, decades, even centuries. They often start with a single lie, told by someone in the family that doesn't want to deal with the consequences of someone's actions. Keeping things secret are no different that telling a lie. The fact that something isn't told, is just as damaging as telling a lie.

Family secrets affect and hurt more than just the people keeping the secret. For example, if your family were devout religious people and you happened to (1) have sex before marriage, which is fornication; (2) through the sin of fornication you had a child; (3) and because you thought your parents were going to banish you to some remote desert or island for the rest of your natural life you have an abortion, which is murder; or (4) you put the baby up for adoption, which is abandonment and walking away from your responsibility. And (5) because you're embarrassed, which is the sin of not trusting God, you (6) lie about having a child and never tell anyone the truth. Then, (7) an adult shows up on your doorstep one day and says that nearly two decades ago you gave birth to them, and then abandoned them and that no explanation in the world will suffice for throwing them away.

Remember this: God restores all things to His natural order. Whatever lie we tell, whatever we try to hide, God's word says that whatever is done in the dark will eventually come to the light (Ephesians 5:8-14).

Family secrets are destructive; they destroy the natural order that God ordained for things to happen. They disrupt the work of the Holy Spirit by keeping God from working things out for your good. Family secrets lead to generational curses that gives satan a stronghold in the lives of everyone the secret touches. Destroying satan's strongholds is the job of every Christian. It is the responsibility of every true believer in God, Jesus as the Son of God, and the Holy Spirit as the workman of God, to unveil, expose, uncover and bring into the light in order to destroy any and every stronghold satan has in our lives.

Family secrets can include extramarital affairs; aborted or abandoned children; and these are just the ones that most prevalent in our society. There are many, many others that hurt and keep people in bondage. And many of them are much, much worse than these but all give satan a stronghold into our lives. Remember this: if you have generational curses and you are about to marry someone that has no generational curses, you are about to affect the life of that person you say you love by subjecting them to the demonic stronghold that is the family secret. Keeping the lies a secret is what leads to generational curses and it is our duty as Christians to tell the truth about them to set free, everyone who has been affected by the family secret.



Brother Keith Hammond

ABOUT THE AUTHOR:

Brother Keith is a born again Christian. He is a Spirit-led man of God, teacher and author. His life has been transformed from things such as pride and prison to passion and purpose.

God is the author of the Bible. It is meant to be our instruction manual, our roadmap home. Without it, we are lost. Use the information in these books to help you and others.

God destroys the darkness behind us, to direct us toward our destiny ahead. So whatever you do on your journey, never turn back. God bless you in your walk with Christ. Amen.

LessonsForLifeBooks.com

Title: Light Shines In Darkness

ISBN: 978-1-938588-39-6



9 7 8 1 9 3 8 5 8 8 3 9 6

[print version]
Printed: \$9.99 U.S.
eBook: \$4.99 U.S.